Destination Unlimited Treks & Expedition Pvt. Ltd Pvt. Ltd.

Gokyo Lake Trekking

Duration: 14 Days

Itinerary (Plan)

Day 1 Arrive in Kathmandu (1300 m) Meet and greet then transfer to the Hotel.

- Time : Null
- Max Altitude : 1300m

Accommodation: Hotel in Kathmandu

Meal: null

Upon your arrival, our representative will greet you at the airport and escort you to your hotel. The afternoon will be free for you to get a first taste of Nepali life in Kathmandu. Over night at Hotel in Kathmandu.

Day 2 Kathmandu: Half Day Sightseeing and trek preparation

- Time : 4-5 hours
- Max Altitude : 1350m

Accommodation: Hotel in Kathmandu

Meal: B

Today we will take a tour around the city of Kathmandu, visiting the one of major world heritage sites such as; Swayambhunath, Kathmandu Durbar Square. You will be guided and informed by a licensed guide. Over night at Kathmandu.

Day 3 Fly to Lukla (2,850 m), trek to Phakding (2,652 m): 3 - 4 hours

- Time : 4 hours
- Max Altitude : 2652m

Accommodation: Teahouse & Local Lodge

Meal: BLD

We fly to Lukla or Manthali Airport, Ramechhap(4 hours Drive from Kathmandu) through the glorious Himalayas and landing at one of the world's most unique airport on our third day of the journey. We then trek for 3-4-hour trek along few water streams and come across a couple of Buddhist monasteries before reaching the village of Phakding. Over night at tea-house Lodge.

Day 4 Phakding to Namche Bazaar (3,440 m): 5 - 6 hours

- Time : 6-7 hours
- Max Altitude : 3440m

Accommodation: Teahouse & Local Lodge

Meal: BLD

After our breakfast, we start our day by trekking along Dudh Koshi River. We cross some suspension bridges to enter Sagarmatha National Park. After few hours of the trek through the lush Himalayan forest, we reach the village of Namche Bazaar. Over night at Tea-house Lodge.

Day 5 Namche Bazaar: acclimatization

- Time : 4 hours
- Max Altitude : 3440m

Accommodation: Teahouse & Local Lodge

Meal: BLD

In the Sherpa market town of Namche Bazaar, we will catch our first glimpse of Everest. We will spend an extra day here to acclimatize. Later, we hike up to Hotel Everest View to relish the stunning view of the Himalayas featuring Mt. Everest, Lhotse, Cho-Oyu, and the other gigantic Himalayas. Over night at tea-house Lodge

Day 6 Namche Bazaar to Phortse Village (3810 m): 5 - 6 hours

- Time : 6 hours
- Max Altitude : 3810m

Accommodation: Teahouse & Local Lodge

Meal: BLD

We start our day with a pleasant walk to the traditional Sherpa village Phorte. We trek through some alpine Himalayan forests with the view of Ama Dablam, Cho-Oyu, and Khumbila. We cross a suspension bridge over Dudh Koshi River before reaching Phortse. Over night at tea-house Lodge

Day 7 Phortse Village to Machhermo(4,470 m): 5 - 6 hours

- Time : 6 hours
- Max Altitude : 4470m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trekking through an easy grassy path, we pass several water streams, waterfalls, bridges, and forests till we reach Sherpa villages of Lhabarma and Luza. We enjoy the stunning views of Mt. Cho Oyu as we climb up a couple of ridges and reach Machharmo. Over night at tea-house Lodge

Day 8 Machharmo to Gokyo (4800 m): 5 - 6 hours

- Time : 6 hours
- Max Altitude : 4750m

Accommodation: Teahouse & Local Lodge

Meal: BLD

We have a relatively steep climb to begin the day. Due to the altitude, we may experience altitude sickness. However, we will have the beautiful view of the Himalayas to compensate our struggle. Trekking along the moraine of Ngozumpa Glacier, we reach marvelous Dudh Pokhari Lake. We trek for a couple of hours to reach Gokyo. Over night at tea-house Lodge

Day 9 Gokyo Valley: Climb Gokyo Ri (5357 m) and hike to fifth lakes: 5 - 6 hours

- Time : 6 hours
- Max Altitude : 5357m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Chasing the outstanding view of gargantuan mountains like Everest, Lhotse, Amadablam, Pumori, Thamserku, Khangteka, Tensum Khang Gunnel, and Cho La Che, we climb up the stunning Gokyo Ri viewpoint. Gokyo Ri hosts the spectacular view of the aforementioned Himalayas. We then hike towards the five lakes in this region before trekking downhill to Gokyo valley. Over night at tea-house Lodge

Day 10 Gokyo to Dole: 3 - 4 hours

- Time : 5 hours
- Max Altitude : Null

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trekking along some lush forests, steep ridges, and water streams, we cross a wooden bridge over Dudh Koshi River. We trek for an hour or two after crossing the bridge and reach Dole. Dole offers us an immersive experience of the culture of Sherpa people. Over night at tea-house Lodge

Day 11 Dole to Namche Bazaar: 4 - 5 hours

- Time : 5 hours
- Max Altitude : 3440m

Accommodation: Teahouse & Local Lodge

Meal: BLD

We trek downhill along Dudh Koshi River enjoying the magnificent panorama of the Himalayas like Ama Dablam(6812m), Cho Oyu (8201m), and Everest till we cross a suspension bridge. After crossing the bridge, we trek for few hours and reach Namche Bazaar. Over night at tea-house Lodge

Day 12 Namche Bazaar to Lukla: 6 - 8 hours.

- Time : 8 hours
- Max Altitude : 3440m

Accommodation: Teahouse & Local Lodge

Meal: BLD

On our final day of hiking, we will enjoy the vista of majestic mountains, serene nature and traditional villages as we make our way to Luckla. Trekking through rhododendron forest, we pass some steep ridges while recall the great experiences we have just shared in our trek. Over night at tea-house Lodge

Day 13 Fly to Kathmandu - Flight depending on weather

- Time : null
- Max Altitude : 1350m

Accommodation: Hotel in Kathmandu

Meal: BD

The last day involves flying back to Kathmandu (45 mins), checking into the hotel. The rest of the time in the capital city can be used to buy souvenirs and enjoy the sights and sounds before departing. Evening farewell Cultural Dinner. Over night at tea-house Lodge

Day 14 Final departure

- Time : Null
- Max Altitude : Null

Accommodation: Null

Meal: B

As per flight schedule our company representative will take you to the airport. In case our country has enchanted you so much you desire to further explore, we are always there to extend your trip.

Cost Include

- All airport transfers
- Accommodation in Kathmandu
- Farewell Dinner
- Tea-house Lodge during the Trekking
- Experience, Government Licensed English-speaking Guide
- Beautiful Finisher Medals for every trekkers
- Porters : 2 Member one porter
- Domestic Airfare/ Ktm-Luckla-Ktm. Airport Tax
- All your standard Meals (breakfast, lunch and dinner) during the trekking.
- All Trekking permits and Necessary documents
- Sleeping bag, Duffle bag by company
- Staff insurance, medication and equipment,
- First Aid Kit and Special Care
- Rescue arrangements for our clients
- All Govt. and Local Taxes
- Trekking Certificate from Destination Unlimited Treks

Equipment List & Gear Guide

Hello Worlds

Cost Exclude

- International airfares
- Travel/trekking insurance
- Kathmandu sightseeing Entrance fees
- Nepal entry visa fees.
- Mountain rescue charges or insurance
- Bottled drinks on trek (cold and alcoholic) and Hot Drinks
- Lunch and dinner during your stay in Kathmandu.
- Additional food or drink on trek in addition to three standard meals
- Personal expenses, Emergency Expenses, road blocked, snakes, desert.etc
- Tips, Hot Showers
- Which is not mentions in Cost Included Section.
