Destination Unlimited Treks & Expedition Pvt. Ltd Pvt. Ltd.

Langtang Gosainkunda Trekking

Duration: 15 Days

Itinerary (Plan)

Day 1 Meet and greet in Kathmandu airport, transfer to the hotel

- Time : na
- Max Altitude : 1400m

Accommodation: Hotel in Kathmandu

Meal: na

We pick you up at the airport and transfer you to a hotel. After check in meeting at hotel or office for final settlement / briefing/ guide introduction. Over night at Kathmandu.

Day 2 Half day sightseeing and trekking preparation day

- Time : free and easy day
- Max Altitude : 1400m

Accommodation: Hotel in Kathmandu

Meal: Breakfast

Today we take a tour of Patan Durbar Square and other heritage sites in Kathmandu valley. Later, we discuss the trek. Overnight at a hotel in Kathmandu.

Day 3 Drive to Syabru Bensi by Local or bus Jeep

- Time : 7-8 hours
- Max Altitude : 1,470m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

We take a jeep-drive along Trishuli River. Enjoying the mesmerizing view of Annapurna range, Ganesh Himal, Manaslu, Gaurishankar, and the other Himalayas, we drive through the countryside to reach Dhunche. After few more minutes of the drive, we arrive in Syabru Bensi. Overnight at a hotel in Syabru Bensi.

Day 4 Trek to Lama Hotel

- Time : 5-6 hours
- Max Altitude : 2,324m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

On our first day of the trek, we march along Bhote Koshi River till we reach Rinpoche Gompa. We cross a couple of suspension bridges before trekking through lush forests of rhododendron, bamboo, and pine. We may encounter red pandas, wild boars, Himalayan black bear, and other wildlife on our way to Ramche and then Lama Hotel. Overnight at Lama Hotel.

Day 5 Trek to Langtang

- Time : 5-6 hours
- Max Altitude : 3,330m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Climbing steep ridges, we trek along Langtang Khola through dense forests of oaks, maples, rhododendron, and pine. We enter the Langtang National Park where our guide will deal with all kind of legal documents for our trek. After entering the national park, we get a scant glimpse of Langtang Lirung which is purely majestic. We trek through few Tamang villages before reaching Langtang. Overnight at a hotel in Langtang.

Day 6 Trek to Kyanjin Gompa

- Time : 3-4 hours
- Max Altitude : 3,870m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Passing wild forests, Mani walls, Chortens, and steep ridges, we reach a Tamang village of Mundu. We cross some streams over wooden bridges to reach cheese factory on our trek route. Enjoying the fresh yak cheese, we relish the view of Langtang Lirung, TserkoRi, Yala Peak and Kimshung. After a short walk, we reach Kyanjin Gompa where we'd accommodate ourselves for an overnight stay.

Day 7 Excursion Tserko-Ri or Lang Shisa valley (Optional)

- Time : 4-5 hours

- Max Altitude : 4,985m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

We explore the valley of Lang Shisa. We take a tour of few monasteries in the valley. We hike up to a nearby viewpoint and enjoy the scenic view of the Himalayas. We come across stunning icefall flowing from the peak of Langtang Lirung. Overnight at Kyanjin Gompa.

Day 8 Trek to Lama Hotel

- Time : 5-6 hours
- Max Altitude : 2,324m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Following the free-flowing Langtang Khola, we enter Langtang village. After walking for an hour or two, we reach Ghora Tabela. We're accompanied by the magnificent view of the Himalayas throughout today's trek till we reach Lama Hotel. Overnight at Lama Hotel.

Day 9 Trek to Thulo Syabru

- Time : 5-6 hours
- Max Altitude : 2,260m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Trekking through dense juniper and rhododendron forests, we find ourselves in the middle of varieties of wildlife. We may bump into red pandas, musk deer, Thar, and other species of birds on our way to Tamang village of Thulo Syabru. Overnight at a homestay in Thulo Syabru.

Day 10 Trek to Sing Gompa

- Time : 5-6 hours
- Max Altitude : 3330m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Relishing the stunning view of Ganesh Himal, Langtang Lirung, Gaurishankar, and other the Himalayas, we reach Dursagang. We ascend some steep ridges through lush forests before reaching Sing Gompa. We take short tours of monasteries on our way to Sing Gompa. Overnight at a homestay.

Day 11 Trek to Gosainkunda

- Time : 5-6hours
- Max Altitude : 4,400m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Passing half dozens of small lakes on our way, we trek through wild forests to reach LaureBinayak. The panoramic view of the Himalayas from LaureBinayak is undeniably beautiful. Following few rugged trails and steep ridges, we trek towards the holy lake of Gosainkunda. Legends say Gosainkunda was made by Lord Shiva to save the world. The water in the lake is so holy that it can wipe away all the sins of an individual. Overnight at a lodge.

Day 12 Excursion day around Gosainkunda- Sing Gompa.

- Time : 4-5 hours
- Max Altitude : 4400m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

Today, we take a break from trekking. Instead, we do boating on Gosainkunda. We enjoy the fantastic view of Ganesh Himal, Langtang Lirung, Himchuli, and the other Himalayas from the lake. After spending some time in Gosaikunda back to Sing Gompa.

Day 13 Trek to Dhunche

- Time : 6-7 hours
- Max Altitude : 1950m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

We trek downhill to Dhunche on our last day of the trek. We pass some mountain forests of rhododendron, pine, and juniper before we reach Deurali. We trek along Trishuli River to reach Dhunche. Overnight at a lodge in Dhunche.

Day 14 Drive to Kathmandu

- Time : 5-6 hours
- Max Altitude : 1400m

Accommodation: Deluxe Accommodation

Meal: Full Board

We drive in a jeep or local bus to Kathmandu. We enjoy beautiful countryside road on our drive back to the capital. Overnight at a hotel in Thamel, Kathmandu. Evening Nepali Cultural Dinner organize by Company.

Day 15 Departure to your own Destination.

- Time : NA
- Max Altitude : NA

Accommodation: NA

Meal: Breakfast

We drop you off at Tribhuvan International Airport. As per departure time we will drive to Airport.

Cost Include

- Airport pick-up and drop-off
- Kathmandu to Sybrubensi and back to Kathmandu with Local bus or Jeep
- Standard Hotel with breakfast in Kathmandu 2-3 star
- Langtang National Park fee
- Trekking Accommodation, Twin Sharing in Basic Tea-house lodge
- Licensed English-speaking guide, Experience knows about First Aid
- Two trekkers 1 porter
- Three Meals a day (Breakfast, Lunch & Dinner)
- All necessary documents and permits for trekking
- Farewell Dinner
- Sleeping bags(End of Trekking need to return) Duffel Bag for carrying
- Trekking poles if requested
- Staff insurance, medication and equipment
- All Govt. and Local Taxes
- Trekking Certificate by Destination Unlimited

Equipment List & Gear Guide

Equipments Updating Soon !!

Cost Exclude

- International airfares
- Travel/trekking insurance
- Nepal entry visa fees
- Mountain rescue charges or insurance
- Drinks hot and cold
- Bottled drinks on trek (cold and alcoholic)

- Lunches and dinners when not trekking
- Additional food or drink on trek in addition to three standard meals
- Personal expenses, Emergency Expenses, road blocked, snakes, desert.etc
- Tiping recommended

Destination Unlimited Treks & Expedition Pvt. Ltd Pvt. Ltd. | Thamel Marg, Kathmandu, Nepal | +977 9851142522, +977 14410400 | info@destinationunlimitedteks.com

Thanks for visiting www.destinationunlimitedtreks.com