Destination Unlimited Treks & Expedition Pvt. Ltd Pvt. Ltd.

Lobuche Peak Climbing

Duration: 20 Days

Itinerary (Plan)

Day 1 Arrival in Kathmandu. Pick up and transfer to the hotel.

- Time : Null
- Max Altitude : 1350m

Accommodation: Luxury Hotel in Kathmandu

Meal: Welcome Dinner

Upon your arrival, our representative will greet you at the airport and escort you to your hotel. The afternoon will be free for you to get the first taste of Nepali life in Kathmandu. Welcome Dinner in the evening. O/N Hotel

Day 2 Kathmandu tour and climb preparation

- Time : Null
- Max Altitude : 1350m

Accommodation: Hotel in Kathmandu

Meal: B

Today we will take a tour around the city of Kathmandu, visiting the major heritage sites such as; Boudhanath, Swayambhunath, Patan and Durbar Square. You will be guided and informed by a licensed guide. O/N Hotel

Day 3 Fly to Lukla then trek to Phakding.

- Time : 4 hours
- Max Altitude : 2650

Accommodation: Teahouse & Local Lodge

Meal: BLD

Flying to Lukla through the glorious Himalayas and landing at one of the world's most unique airport begin the third day. Followed by a beautiful 3-4-hour trek to the village of Phakding. Flight can be operated from Manthali airport as well its 4 hours Drive from Kathmandu. Over night at Phakding

Day 4 Phakding to Namche Bazaar (3440m/11,286ft)

- Time : 6-7 hours trek
- Max Altitude : 3450m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trek from Phakding to Namche Bazaar (3,440m/11,286ft), a scenic journey that takes you deeper into the heart of the Everest region. This 6-7 hour trek offers stunning views of the surrounding mountains and lush landscapes. As you ascend through pine forests and cross suspension bridges over the Dudh Koshi River, the trail leads you to Namche Bazaar, the vibrant gateway to Everest. Known for its Sherpa culture, this bustling town offers a perfect mix of natural beauty and local charm, making it an essential stop on your Everest adventure. Over night at Namche

Day 5 Rest day for acclimatization namche

- Time : 4-5 hrs trek around
- Max Altitude : 3800m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Take a well-deserved rest day in Namche Bazaar for acclimatization. This vital stop helps your body adjust to the altitude before continuing your Everest trek. Spend the day exploring the vibrant town, visiting local markets, or enjoying scenic hikes around the area, including a visit to the Everest View Hotel for stunning panoramic views of the surrounding peaks. The rest day ensures a smoother trek ahead while allowing you to immerse yourself in the unique Sherpa culture and breathtaking landscapes of the Himalayas.

Day 6 Namche Bazaar to Tengboche (3850m/12,631ft)

- Time : 6-7 hours
- Max Altitude : 3860 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trek from Namche Bazaar to Tengboche (3,850m/12,631ft), a scenic journey that takes you through lush forests and offers stunning views of Everest, Lhotse, and Ama Dablam. This 6-7 hour trek follows a well-maintained trail with gradual ascents, crossing suspension bridges and passing through charming Sherpa villages. Upon reaching Tengboche, you'll be greeted by the iconic Tengboche Monastery, one of the most significant Buddhist sites in the region. The peaceful surroundings and breathtaking mountain views make

this trek a memorable part of your Everest adventure.

Day 7 Tengboche to Dingboche (4350m/14271ft)

- Time : 5-6 hours
- Max Altitude : 4350 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trek from Tengboche to Dingboche (4,350m/14,271ft), a beautiful journey that takes you deeper into the heart of the Everest region. This 5-6 hour trek offers stunning views of Ama Dablam, Lhotse, and Nuptse as you pass through rhododendron forests and traditional Sherpa villages. The trail gradually ascends, allowing for proper acclimatization to the increasing altitude. Upon reaching Dingboche, a small yet picturesque village, you'll be surrounded by majestic peaks, making it an ideal spot to rest and soak in the tranquil Himalayan atmosphere.

Day 8 Acclimatization in Dingboche(4350m/14,271ft)

- Time : 5 hours
- Max Altitude : 6119m

Accommodation: Teahouse & Local Lodge

Meal: BLD

hiking up to Nangkartshang Peak, Hike up to Nangkartshang Peak (5,083m), a challenging yet rewarding trek offering panoramic views of the Everest region. This 4-5 hour hike takes you through rugged terrain and alpine landscapes, providing breathtaking vistas of Everest, Lhotse, and Ama Dablam. The summit of Nangkartshang Peak offers an unparalleled viewpoint, making it a must-do for adventure seekers and nature lovers. The trek also serves as a great acclimatization opportunity before continuing your journey in the Himalayas, combining physical challenge with stunning natural beauty.

Day 9 Dingboche to Lobuche (4730m/15,518ft)

- Time : 5 hours
- Max Altitude : 4910m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trek from Dingboche to Lobuche (4,730m/15,518ft), a 4-5 hour journey through the rugged landscapes of the Everest region. As you ascend, you'll be treated to magnificent views of towering peaks like Ama Dablam, Lhotse, and Nuptse. The trail winds through rocky terrain, past memorials dedicated to fallen mountaineers, and offers a true taste of the Himalayan wilderness. Upon reaching Lobuche, the high-altitude village offers stunning views and serves as a crucial acclimatization stop before continuing toward Everest Base Camp. This trek provides a perfect blend of challenging terrain and breathtaking mountain vistas.

Day 10 Lobuche to Gorakshep (5170m/16,962ft)- Everest Base Camp

- Time : 5 hours
- Max Altitude : 5180 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Start your trek from Lobuche to Gorak Shep (5,170m/16,962ft), a 3-4 hour journey through rugged terrain and glacier paths, offering incredible views of Everest, Lhotse, and other towering peaks. Upon reaching Gorak Shep, rest and prepare for the final stretch to Everest Base Camp (5,364m/17,598ft), every trekker's dream destination. Standing at the foot of the world's highest mountain is a moment of pure achievement and awe, surrounded by breathtaking views of Everest and the surrounding peaks. After soaking in the grandeur of Everest Base Camp, retrace your steps back to Gorak Shep. This challenging yet rewarding round trip offers a unique opportunity to experience the majestic beauty of the Himalayas, marking an unforgettable highlight in your Everest adventure.

Day 11 Early morning hike to Kalapther (5545m)- Lobuche

- Time : 7 hours
- Max Altitude : 5545 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Start on an early morning hike to Kala Patthar (5,545m), one of the most iconic viewpoints in the Everest region. This challenging trek offers stunning panoramic views of Mount Everest, Lhotse, Nuptse, and other towering peaks as the first light of day casts a golden glow over the Himalayas. The trek to Kala Patthar is a rewarding climb that brings you closer to the majesty of the world’s highest mountain. After capturing breathtaking photos and soaking in the unparalleled vistas, descend to Lobuche, where you can rest and reflect on this unforgettable experience. The hike provides an essential acclimatization opportunity and sets the stage for the next leg of your Everest adventure.

Day 12 Lobuche to Lobuche east Base camp(5200m/17060ft

- Time : 5-6 hours
- Max Altitude : 5200m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Trek from Lobuche to Lobuche East Base Camp (5,200m/17,060ft), a challenging yet rewarding journey that takes you deeper into the heart of the Everest region. This 4-5 hour trek offers stunning views of the surrounding peaks, including Mount Everest, Lhotse, and Ama Dablam. The trail leads you through rocky terrain and glacier moraines, providing a true Himalayan adventure. Upon reaching Lobuche East Base Camp, you’ll be rewarded with magnificent vistas and the feeling of standing on the edge of the mighty Himalayas. This trek is ideal for those seeking a unique experience and a closer connection to the awe-

inspiring peaks of the Everest region.

Day 13 Climbing Preparation

- Time : 4-5 hours
- Max Altitude : 5200 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

Climb from Lobuche East Base Camp to High Camp (5,400m/17,716ft) in approximately 3 hours, a crucial step in your ascent to the peak. This challenging climb takes you through rugged terrain and icy moraines, offering spectacular views of Mount Everest, Lhotse, and the surrounding Himalayan range. As you ascend, the landscape becomes more dramatic, with steep slopes and alpine glaciers adding to the excitement. Reaching High Camp is an essential part of acclimatization, offering stunning vistas and a sense of accomplishment as you prepare for the final summit push. This climb is a rewarding experience for trekkers and mountaineers seeking to immerse themselves in the grandeur of the Everest region.

Day 14 Summit to Lobuche East Peak and back to Base Camp

- Time : 10-11 Hours
- Max Altitude : 6119 m

Accommodation: Camping

Meal: Breakfast + Lunch + Dinner

Begin on a thrilling climb to the summit of Lobuche East Peak (6,119m/20,070ft), one of the most exhilarating challenges in the Everest region. The ascent begins early, taking you through steep rocky paths, icy moraines, and sections that demand technical climbing skills. As you near the summit, you will be greeted with awe-inspiring panoramic views of towering peaks, including Mount Everest, Lhotse, Makalu, and other majestic mountains. Standing atop the summit, you'll experience a profound sense of accomplishment as you take in the breathtaking vistas. After relishing the remarkable scenery, descend back to Lobuche East Base Camp. Once there, set up camp and unwind, savoring the moment and reflecting on your extraordinary achievement amidst the grandiose beauty of the Himalayas. This summit is ideal for mountaineers seeking a challenging yet deeply rewarding experience in one of the most iconic mountain ranges in the world.

Day 15 Lobuche Base Camp to Dingboche

- Time : 5 hours
- Max Altitude : 4400m

Accommodation: Teahouse & Local Lodge

Meal: Breakfast + Lunch + Dinner

Trek from Lobuche Base Camp to Dingboche (4,350m/14,271ft), a scenic journey that takes you through rugged terrain and serene landscapes. This 4-5 hour trek offers stunning views of towering peaks like Ama Dablam, Lhotse, and Nuptse as you descend through alpine meadows and scattered Sherpa villages. The trail

provides a perfect balance of challenge and beauty, allowing for proper acclimatization. Upon reaching Dingboche, a peaceful village nestled in the heart of the Himalayas, enjoy the tranquility of the surroundings and prepare for the next phase of your Everest adventure. This trek is an essential part of your journey, offering both physical challenge and awe-inspiring views of the majestic Everest region.

Day 16 Dingbotche to Namche Bazaar (3440m) 7 hours

- Time : 7 hours
- Max Altitude : 3440m

Accommodation: Teahouse & Local Lodge

Meal: Breakfast + Lunch + Dinner

Trek from Dingboche to Namche Bazaar (3,440m) in a scenic 7-hour journey, offering stunning views of the surrounding Himalayan peaks. As you descend through lush forests and cross rivers, the trail takes you through traditional Sherpa villages, allowing you to immerse yourself in the local culture. The path offers a gradual descent, making it an ideal opportunity to continue acclimatizing to the changing altitude. Upon reaching Namche Bazaar, the bustling gateway to Everest, you'll be greeted with vibrant markets, cozy lodges, and awe-inspiring views of Everest, Lhotse, and Ama Dablam. This trek offers a perfect mix of natural beauty, cultural immersion, and adventure, making it a memorable highlight of your Everest journey.

Day 17 Namche Bazaar to Lukla(2840m) 6-7 hours

- Time : 7 hours
- Max Altitude : 2840 m

Accommodation: Teahouse & Local Lodge

Meal: Breakfast + Lunch + Dinner

Trek from Namche Bazaar to Lukla (2,840m) in a 6-7 hour journey, descending through lush forests and picturesque Sherpa villages. The trail offers stunning views of the surrounding peaks, including Everest, Lhotse, and Ama Dablam, as you make your way through alpine meadows and cross suspension bridges over the Dudh Koshi River. As you approach Lukla, the vibrant town serves as the gateway to the Everest region, where you can reflect on your unforgettable adventure. This final stretch provides a chance to relax and enjoy the tranquil landscapes, offering a perfect conclusion to your remarkable Everest trek.

Day 18 Lukla to Kathmandu or Manthali then Drive to Kathmandu

- Time : 5-6 hours
- Max Altitude : 1300m

Accommodation: Luxury Hotel in Kathmandu

Meal: BL

Fly from Lukla to Kathmandu or Manthali, followed by a scenic drive to Kathmandu, marking the end of your unforgettable Everest adventure. The flight from Lukla offers incredible aerial views of the Himalayas, providing a final glimpse of the majestic peaks you’ve trekked past. Upon landing in either Kathmandu or Manthali, enjoy a comfortable drive through the beautiful landscapes of Nepal, where you can relax and

reflect on your journey. The drive to Kathmandu allows you to immerse in the serene beauty of the countryside before returning to the bustling capital. This journey provides a perfect transition back to the city, offering a peaceful conclusion to your Himalayan adventure.

Day 19 Kathmandu free and easy Day

- Time : Free day
- Max Altitude : 1300

Accommodation: Deluxe Accommodation

Meal: B+D

Free and easy day in Kathmandu. Rest day. Evening Cultural Dinner from Company.

Day 20 Its time to say See you again: Departure

- Time : na
- Max Altitude : 1300

Accommodation: na

Meal: B

After breakfast as per our travel itinerary we will drive to international airport 3 hours before the flight, See you again

Cost Include

- All airport transfers
- Accommodation in Kathmandu 3 star Luxury
- Farewell Dinner
- Tea-house Lodge during the Trekking
- English-speaking Guide and Professional Climbing Sherpa
- Beautiful Finisher Medals for every trekkers
- Porters : 2 Member one porter
- Domestic Airfare/ Ktm-Luckla-Ktm. Airport Tax
- All your standard Meals (breakfast, lunch and dinner) during the trekking.
- Special Climbing Sherpa
- All Trekking permits and Necessary documents, Climbing permit
- Sleeping bag, Down Jacket(If Necessary) & Duffle bag by company
- Staff insurance, medication and equipment,
- First Aid Kit and Special Care
- Rescue arrangements for our clients
- All Govt. and Local Taxes
- Trekking Certificate from Destination Unlimited Treks

Equipment List & Gear Guide

Hello Worlds

Cost Exclude

- International airfares
- Travel/trekking insurance
- Kathmandu sightseeing Entrance fees
- Nepal entry visa fees.
- Mountain rescue charges or insurance
- Bottled drinks on trek (cold and alcoholic) and Hot Drinks
- Lunch and dinner during your stay in Kathmandu.
- Additional food or drink on trek in addition to three standard meals
- Personal expenses, Emergency Expenses, road blocked, snakes, desert.etc
- Tips, Hot Showers
- Which is not mentions in Cost Included Section.
