Destination Unlimited Treks & Expedition Pvt. Ltd Pvt. Ltd.

Tsum Valley Trekking

Duration: 14 Days

Itinerary (Plan)

Day 1 Arrival in Kathmandu and Pick up and transfer to the hotel in Kathmandu.

- Time : na
- Max Altitude : 1300m

Accommodation: Luxury Hotel in Kathmandu

Meal: na

Pick up and transfer to the Hotel. Meet and great at the airport. over night at Kathmandu.

Day 2 Meeting with guide and trekking permits making day

- Time : free and easy day
- Max Altitude : 1400m

Accommodation: Hotel in Kathmandu

Meal: B

Free day and relax. 1st timer can do sightseeing around Kathmandu few world heritage sites. Over night at Kathmandu.

Day 3 Kathmandu to Maccha Khola Drive by Private Jeep

- Time : 8-9 hours
- Max Altitude : 900 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

The drive from Kathmandu to Maccha Khola is an adventurous journey that takes you through scenic landscapes, lush green hills, and traditional villages. Hiring a private jeep is an excellent way to ensure comfort and flexibility during the drive. This route serves as the starting point for the Tsum Valley and Manaslu treks. 9 hours drive by Jeep

Day 4 Machha Khola to Jagat

- Time : 6 hours
- Max Altitude : 1410 m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

After an early breakfast, we leave Machha Khola and start our trek towards Jagat. The trail initially follows the Budi Gandaki River. The journey from Machha Khola to Jagat is a crucial segment of the Manaslu Circuit and Tsum Valley Trek, offering trekkers a blend of cultural experiences and natural beauty. This stretch of the trek takes you through scenic landscapes, traditional villages, and diverse terrains. over night at Jagat

Day 5 Jagat to Lokpa

- Time : 7 hours
- Max Altitude : 2040m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

After breakfast, we depart from Jagat, a village known for its stone-paved streets and traditional houses. The trail begins with a descent, following the river. The segment from Jagat to Lokpa is an exciting part of the Manaslu Circuit and Tsum Valley Trek, offering a rich tapestry of cultural encounters and stunning natural scenery. This trek involves passing through beautiful landscapes, crossing rivers, and visiting traditional villages. Over night Lokpa

Day 6 Lokpa to Chumling

- Time : 6 hours
- Max Altitude : 2390 m

Accommodation: Teahouse & Local Lodge

Meal: Full Board

After breakfast, we depart from Lokpa, a small and peaceful village. The trail initially descends, following the Siyar Khola (river). The trek from Lokpa to Chumling is a beautiful and culturally enriching part of the Tsum Valley Trek. This section takes you deeper into the Tsum Valley, offering stunning landscapes, ancient monasteries, and an introduction to the unique Tsumba culture. over night Chumling.

Day 7 Chumling to Chhekampar (Chhokhangparo)

- Time : 6 hrs
- Max Altitude : 3031m

Accommodation: Teahouse & Local Lodge

Meal: BLD

After breakfast, we depart from Chumling, trekking through picturesque landscapes and enjoying views of the Ganesh Himal. Chhekampar, also known as Chhokhangparo, is one of the largest villages in the Tsum Valley. It is divided into two settlements: Chhokang and Paro. The village is known for its rich cultural heritage and stunning views of the surrounding mountains. Upon arrival, we check into a local lodge and explore the village. Over night at Chhekampar.

Day 8 Chekampar to Nile

- Time : 4 hours
- Max Altitude : 3362m

Accommodation: Teahouse & Local Lodge

Meal: BLD

After an early breakfast, we set out from Chhekampar, trekking through the beautiful valley with views of the surrounding mountains. The trek from Chhekampar (Chhokhangparo) to Nile is a journey deeper into the Tsum Valley, taking you through serene landscapes and culturally rich villages. This part of the trek allows you to explore ancient monasteries, traditional Tsumba culture, and enjoy stunning mountain vistas. Over night at Nile

Day 9 Day Trip to Mu Gompa and return Nile

- Time : 4-6 hours
- Max Altitude : 3700m

Accommodation: Teahouse & Local Lodge

Meal: BLD

After an early breakfast, we depart from Nile, heading towards Mu Gompa. The trail begins with a gradual ascent through the picturesque valley. A day trip from Nile to Mu Gompa offers a chance to explore one of the most significant monasteries in the Tsum Valley, providing a deep cultural and spiritual experience. This excursion involves a scenic trek with breathtaking views and cultural immersion in the remote Himalayan region. Mu Gompa is the highest and one of the oldest monasteries in the Tsum Valley. It is situated at an elevation of 3,700 meters (12,139 feet) and offers stunning views of the surrounding peaks. After exploring Mu Gompa, we begin our descent back to Nile. The return journey follows the same trail, offering different perspectives of the stunning landscape. over night at Nile

Day 10 Nile or Mu Gompa to Chumling

- Time : N/A
- Max Altitude : N/A

Accommodation: Teahouse & Local Lodge

Meal: BLD

The journey from Nile or Mu Gompa back to Chumling takes you through the beautiful landscapes of the Tsum Valley, offering a mix of descending trails, cultural encounters, and picturesque views. This trek retraces your steps, providing a different perspective on the valley as you descend. After an early breakfast, we begin our descent from either Nile or Mu Gompa, heading towards Chumling. Over night at Chumling.

Day 11 Chumling to Philim

- Time : 7 hours
- Max Altitude : 1600m

Accommodation: Teahouse & Local Lodge

Meal: BLD

The trek from Chumling to Philim is a scenic journey through the lower Tsum Valley, offering beautiful landscapes, cultural encounters, and diverse terrains. This part of the trek involves a mix of descents and ascents, crossing suspension bridges, and passing through charming villages. After an early breakfast, we depart from Chumling, retracing our steps through the picturesque Tsum Valley.

Day 12 Philim to Machha Khola

- Time : 7-8 hours
- Max Altitude : 900 m

Accommodation: Teahouse & Local Lodge

Meal: BLD

The trek from Philim to Machha Khola takes you through diverse landscapes, lush forests, and charming villages, following the Budhi Gandaki River. This segment of the trek is filled with scenic beauty, cultural encounters, and a mix of descents and ascents. After an early breakfast, we depart from Philim, beginning our descent through the scenic valley. Over night at Machha Khola

Day 13 Machha Khola to Kathmandu by Drive

- Time : 8-10 hours
- Max Altitude : 1300m

Accommodation: Hotel in Kathmandu

Meal: BLD

After breakfast by private jeep or Local sharing transportation to Kathmandu as per dealing. Over night at Kathmandu. Evening Cultural Dinner

Day 14 Departure to your own Destination or Extend the trip

- Time : N/A
- Max Altitude : N/A

Accommodation: na

Meal: B

last day at Kathmandu. After breakfast or lunch drive international airport for final departure.

Cost Include

- All airport transfer by private transportation
- Private Jeep to Machhakhola or jagat
- Accommodation in Kathmandu 2-3 star
- Accommodation during the trekking basic lodge
- Meals during the trekking standard by Menu
- Farewell Dinner
- Tea-house lodge- Basic Tea-house
- 1 Guide Licensed English-speaking guide Experience knows about First Aid
- First Aid Kit
- 2 clients 1 Porter
- All necessary documents and permits for trekking (Including Special permits)
- Sleeping bags and other necessary equipments, sleeping bags
- Staff insurance, medication and equipment
- All Govt. and Local Taxes
- Trekking Certificate from Destination Unlimited

Equipment List & Gear Guide

Soon !!!!

Cost Exclude

- International airfares
- Travel/trekking insurance
- Nepal entry visa fees
- Personal expenses, Emergency Expenses, road blocked, snakes, desert.etc
- Mountain rescue charges in case needed

- Bottled drinks on trek (cold and alcoholic)
- Additional food during the trekking
- Lunches and dinners when not trekking
- Drinks hot and cold
- Anything which hasn't mention in the email.
- Tips(Tipping are expected)

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